

Women's Artistic Gymnastics

CSIT Loutraki

Timetable



Competition Day 1, Thursday 5.6.2025

Rotation 1 Artistic Gymnastics Open Esthetics Gymnastics

09:30 - 09:55	General Warm-up	Artistic Gymnastics Open
	Warm Up on the Floor	Esthetics Gymnastics
09:55 - 10:25	Apparatus Warm-up (10 mins. per Apparatus)	Artistic Gymnastics Open
10:30	Competition 1. Group	Esthetics Gymnastics
10:40	Competition 2. Group	Esthetics Gymnastics
10:45 - 11:55	Competition Open	Artistic Gymnastics

Rotation 2 Artistic Gymnastics Open Esthetics Gymnastics

12:00 - 12:25	General Warm-up	Artistic Gymnastics Open
	Warm Up on the Floor	Esthetics Gymnastics
12:25 - 12:55	Apparatus Warm-up (10 mins. per Apparatus)	Artistic Gymnastics Open
13:00	Competition 3. Group	Esthetics Gymnastics
13:10	Competition 4. Group	Esthetics Gymnastics
13:15 - 14:30	Competition Open	Artistic Gymnastics

afterwards AWARD CEREMONY FOR CATEGORIE OPEN

Rotation 3 Artistic Gymnastics Elite

15:00 - 15:25	General Warm-up
15:25 - 15:55	Apparatus Warm-up (10 mins. per Apparatus)
16:00 - 17:15	Competition Elite

afterwards AWARD CEREMONY FOR CATEGORIE ELITE

Rotation 4 Esthetic Group Gymnastics Finals

18:00 - 18:20	Warm Up on the Floor
18:20	Group 1
18:30	Group 2
18:40	Dance performance
18:50	Group 3
19:00	Group 4
afterwards	AWARD CEREMONY

Competition Day 2, Friday 6.6.2025

Young gymnasts

10:00 - 10:25	General Warm-up
10:25 - 10:55	Apparatus Warm-up (10 mins. per Apparatus)
11:00 - 12:30	Kompetition Young gymnasts